



**Dr. V.A. Manickam**

**Associate Professor**

### Contact

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### Academic Qualifications

Degree	Institution	Year	Branch	Class
Ph.D	Alagappa University	2009	Alagappa University	Awarded
M.Phil	Alagappa University	1994	- Alagappa University	First
M.P.Ed	Alagappa University	1993	Physical Education	First

### Teaching Experience

Total Teaching Experience :28 Years

<b>Position</b>	<b>Institution</b>	<b>Duration</b>
Associate Professor	Alagappa University	01.03.2010 To Till Date
Teaching Assistant	Alagappa University college of physical education	20.07.2006 To 28.02.2010
Physical Director	St.Micheal College of Engineering and Technology, Kalaiyarkoil, Sivagangai	01.12.1999 To 30.05.2006
Physical Education Teacher	Don Bosco Higher Secondary School, Pallithammam, Sivagangai District	20.10.1995 To 30.11.1999

## Research Experience

Total Research Experience : 14 Years

Position	Institution / University	Duration
Research Supervisor for PhD	Alagappa University	01.03.2010 to Till Date

## Academic and Additional Responsibilities

S.No	Position	University Bodies	Period	
			From	To
1	Deputy Coordinator	Swami Vivekananda Centre for Higher Education	2022	2023
2	Deputy Coordinator	Swami Vivekananda Centre for Higher Education	2023	2024

## Areas of Research

1. Sports physiology
2. Sports Bio Mechanics
3. Sports Training

## Research Supervision / Guidance

Program of Study		Completed	Ongoing
Research	Ph.D	10	06
	M.Phil	50	-
Project	PG	04	-

## Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
94	128	41	110	03

## Publications

Thesis Evaluated : 11  
 Viva voce Examiner : 10

## Events organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized:

Position	Programme	Duration	Institution
International coordinator	Multi Disciplinary International Conference	Five Days	Andaman

## Overseas Exposure / Visits

1. International coordinator Multi Disciplinary International Conference, Andaman
2. Organizing Committee Member International conference, Thailand

## Membership

### Professional Bodies

1. Member of broad based of studies, Alagappa University
2. Doctoral committee member, Bharathidasan University.
3. Member of society for research of movement education (SRME), Varanasi

### Editorial Board

1. A Journal of Scientific Yoga and Health ISSN- 2278-9227
2. International Journal of Sports Technology, Management and Allied Science ISSN – 2319-527
3. Co Editor Curriculum Development in global level Marutham AN International Tamil Quarterly Journal ISBN9-7881199-04239

## Ph.D. Thesis Guided

1. No. of PhD Thesis evaluated :10
2. No. of PhD Public Viva Voce Examination conducted :10

S. No	Name of the Scholar	Title of the Thesis	Year of Completion
1	Rejeesh T.Chacko	Electromyographic Analytical Effect of Modified Strength Training on Lower Extremity Muscles among Football Players.	Oct 2021
2	Jayan. M S	Isolated Combined Effect of Sumba Dance Training Aerobic Training on Selected Physical, Physiological, Hematological, Bio – Chemical and Psychological Variables of High Altitude College Women Students	July 2021
3	Dandyagol santhosh Mallappa	Construction of Skill Test and Compilation of Norms for College Women Volleyball Players.	July 2019
4	Stylemon Pillai.R	Construction of Skill Test and Compilation of Norms for College Women Handball Players.	Feb 2019

<b>5</b>	Sandeep. S	Effect of Dynamic Vision Training to Improve Visual Acuity Motor Skills and Badminton Skills of Elite Badminton Players of Trivandrum	Oct 2018
<b>6</b>	Aswin.R	Effects of Plyometric and Complex Training on Drop Off Time Selected Fitness Components among Runners.	July 2018
<b>7</b>	Bibin Das. U R	Isolated Combined Effect of Selected Pilates Exercise and Yogic Practice on postural Deformities among School Boys.	July 2018
<b>8</b>	Aneesh Rajappan	Comparative Analysis of Selected Psychological Physiological and Bio-Chemical Variables among Sprinters Jumpers Throwers and Long Distance Runners of Elite Athletes of Kerala State University.	Sep 2016
<b>9</b>	Nins Peter. P	. Effect of Yoga Power Yoga and Pilates on Selected Physical, Physiological, Hematological, Bio – Chemical and Psychological Variables on College Women Students.	July 2016
<b>10</b>	Amrutha raj. MG	Effect of Sports Vision Training on Selected Visual Skills and Performance factors of Basketball Players.	August 2015

## List of Research Articles / Recent Publications

S. No	Authors/Title of the paper/Journal	Impact Factor
1	<b>V.A.Manickam</b> Consequence of calisthenics training and fartlek training on selected physiological variables among School boys, UGC CARE listed Group1 Journal. The Journal of oriental Research Madras with ISSN: 002-3301 Vol . XCV-I: 2024 P.no.125-129 February 2024	7.193
2	Dhirendra Singh Chauhan , <b>V.A.Manickam</b> , Scrutinizing the swap in bio-chemical variables resultant to twelve weeks of yoga power yoga and Pilate exercise training, UGC CARE listed Group1 Journal. The Journal of oriental Research Madras with ISSN: 002-3301 Vol . XCV-I: 2024 P.no.125-129 February 2024	7.193
3	Jain kuriakose <b>V.A.Manickam</b> , Outcome of yoga, power yoga and pilates on selected bio-chemical variables among intercollegiate women basketball players, UGC CARE listed Group1 Journal. The Journal of oriental Research Madras with ISSN: 002-3301 Vol . XCV-I: 2024 P.no.125-129 February 2024	7.193
4	<b>V.A.Manickam</b> Consequences of coalesce of yogic practice and dynamic sports vision tutelage on defensive movement P-ISSN: 2394-1685 E-ISSN: 2394-1693 Impact Factor (RJIF): 5.38 IJPESH 2023; 10(2): 231-23	5.38
5	<b>V.A.Manickam</b> , S.Harris Lamuel prakash, “The rapeutic Movements for Orthostatic Pose among School Boys”, Marutham –An International Tamil Quarter Journal ISBN 9-788119-042395 pp 24-27 April 2023	-
6	Mr.Dhirendra Singh Chauhan, <b>V.A.Manickam</b> , “Electromyographic Analytical Effect of Modified Strength Training on Biceps Femoris function among Football Players”, Marutham –An International Tamil Quarterly Journal ISBN 9-788119-042395 pp 43-49 April2023	-

## Resource persons in various capacities

National Conferences	: 1
International Conferences	: 2
Invited Lectures	: 2